



# australasian neuroscience nurses association movement disorder chapter

## ANNA MDC Annual Report 2018

On behalf of the Movement Disorder Chapter Committee I pleased to report on our activity and achievements for the past 12 months. We have met monthly via skype. The following outlines our achievements and challenges according to our 5 domains of focus.

### 1. Education

#### Tier 1 and 2

**The Parkinson's Disease Self Directed Learning Package for Nursing Staff** was uploaded to the website. This has provided members with easy access to a quality education package to share with their colleagues. The page has been viewed 816 times by 403 individuals, 41 of which accessed the package using the direct link. This suggests that people are sharing this package with their colleagues.

**Educational meetings:** overall there continues to be an increase in the number of education meetings held across the country. The Parkinson's Disease Education day for Nurses 'Pump Friends' in NSW remains the only event with registration and sponsorship processed through PAMS. This event had 60 registrants in 2017 showing continued growth, as a result in August 2018 it is moving to a larger venue.

The MDC continues to encourage PDMDNS to hold educational events in their local area. We offer the services of PAMS to process registration fees and sponsorship for any ANNA events. However many nurses prefer to direct any funds raised from these local events back to their service. The MDC is able to partner with the PDMDNS to ensure quality education is ensured by endorsing events, providing speakers if required and accessing the ANNA eflash service, and informal networks to promote the event.

**Education events endorsed by the ANNA MDC** include;

Sheree Ambrosini organized the Education Update on Parkinson's Disease held by Goulburn Valley Movement Disorder Service. This event was attended by 300 people from the community living with Parkinson's disease and allied health workers.

#### Tier 3

As a result of collaboration between MDSANZ, ANNA MDC, P Victoria and the various state affiliates, the 2017 annual nurses meeting was held the day before the medical meeting at the Gold Coast. The MDC hope to work in closer partnership with the MDSANZ to host a similar event in 2019.

The MDC has sought to increase our profile at the ANNA Annual Conference 2018. We are holding a breakfast meeting during the conference. This aims to promote the role of the PDMDNS and explain the pathways to this specialty area of neuroscience nursing. We are delighted to see so many movement disorder presentations included in the program.

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The Parkinson's Care Course held by the Australian College of Nursing launched in July 2018. Parkinson's Australia and many of its state affiliates have offered financial support to assist nurses with the cost of enrollment. This course has been promoted by PD Nurses, targeting nurses new to the specialty.

The PDMDNSs at Westmead Day held their second movement disorder education for advanced practice nurses in November 2017. This was well attended again with nurses attending from across the country and New Zealand.

The World Parkinson's Congress are holding their next meeting in Kyoto in 2019. They have contacted the MDC, recognizing ANNA as a focus point for the profession in the pacific region.

## 2. Clinical Practice

The MDC Committee are in the process of developing a practice guidelines for Apomorphine use. Initially we had planned to review the literature and develop a document. However, we felt it would strengthen our professionalism and the validity of our work, if we published this project.

Amy Jones from QLD will be the project lead and first author or corresponding author of this publication. She will provide templates for the literature searches, including selection of search engines, what filters to use, and what keywords to use for each section. This will provide standardized search methods throughout this project and the multiple authors.

David Tsui will provide logistical and administrative assistance by initiating emails, setting due dates, organizing video conference meetings etc. ANNA MDC members are encouraged to participate by focusing on a specific section, reviewing the literature, answering specific questions, summarizing findings and writing the sections relevant to the topic. Amy will analyze the various sections and amalgamate the manuscript to help it flow smoothly. All participating parties will be named in the publication as co-authors.

The sections/chapters are currently; Apomorphine Initiation, domperidone use, ECG, Coombs test, impulse control disorders and nodule management. Contributors currently include, Sheree Ambrosini from Victoria, Sue Williams, Greg Harris, Rachel Mckinnon, Suliana Manuofetoa, and Vince Carroll from NSW, Clare Stephenson from ACT, Elise Tune from QLD.

## 3. Professional Development

The first edition of the standards for practice for Parkinson's Disease and Movement Disorder Nurse Specialists was produced for Australian nurses and has been

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available on the website for 12 months. This has had 22 page views by 17 individuals, with no one accessing the site via direct link.

The second edition acknowledges the Treaty of Waitangi, Nursing Council of NZ and the Health Practitioners Competency Assurance Act to include New Zealand nurses. This is ready to be uploaded to the website and will be available in August 2018.

## 4. Leadership

The MDC Committee were very pleased to have the joint position statement for Apomorphine Hydrochloride circulated by the MDSANZ at their conference in September 2017. This statement has provided guidance and clarification for services providing Apomorphine infusions to their patients.

We have continued to collaborate with the Australian College of Nursing ACN. Their Movement Disorder Community of Interest has folded as part of the restructuring of their community engagement process. This positions the MDC ANNA as the peak body for PDMDNS's. As such we continue to work with the ACN to provide the clinical expertise for the development and marking of the Parkinson's care subject mentioned above. Sue Williams has been awarded Fellowship with the ACN, so we look forward to strengthening this relationship into the future.

Our members have presented overseas, on topics of expertise. Emma Everingham presented at the World Federation of Neuroscience Nurses in Croatia on Australia's first patient with Huntington's disease treated with Deep Brain Stimulation. Sue Williams was invited by the movement disorder nurses in New Zealand to present at their meeting held by Stada on professional issues for PD nurses and the work of the ANNA MDC in July 2018.

Sue Williams and David Tsui have been invited by the Parkinson's Australia Board to participate in a review of the way that Parkinson's Australia operates and works with the broad Parkinson's Community to improve the care and support available to people living with Parkinson's, their carers and families.

We congratulate Jane Griffith Movement Disorder CNC from Westmead, who has been awarded an Order of Australia in recognition of her service to Neuroscience Nursing.

## 5. Research

The MDC Committee is excited about the collaborative research that will be undertaken and published as part of the process of writing the Apomorphine guidelines mentioned above. This is an ambitious project that requires leadership, and coordination of willing participants to see it through to completion over the next 2 years.

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## Membership

Membership of the chapter continues to grow with 39 members at the end of July 2018. Membership breakdown as at end of May 2018 is NSW = 9, QLD = 8, Vic = 6, SA = 4, WA = 4, NZ = 2. Membership of the MDC indicates that individuals have gone in to their profile and indicated Movement Disorders as an area of specialty. We know that this does not correlate to a nurses employment as a PDMDNS. We willingly embrace the challenging target to have all PDMDNS in Australia and New Zealand see the benefit of being a member of the ANNA MDC and join.

## Website

Our Website has had 816 page views, by 403 individuals with 41 of those accessing the site via a direct link. We host educational information and recent publications either authored by or of interest to our members. This page has had 436 page views by 241 individuals, 10 of which accessed the page via a direct link.

Educational documents includes link to; [Parkinson's Disease Self-Directed Learning Package For Nursing Staff MDS-UPDRS and UDysRS Training Programs](#)  
[Parkinson's Care Course \(Australian College of Nursing\)](#)

Educational Publications include links to; [Consensus Statement on the Role of Acute Dopaminergic Challenge in Parkinson's Disease Movement Disorder Society-Sponsored Revision of the Unified Parkinson's Disease Rating Scale \(MDS-UPDRS\): Scale Presentation and Clinimetric Testing Results](#)  
[Systematic Review of Levodopa Dose Equivalency Reporting in Parkinson's Disease](#)  
[Understanding the role of the Parkinson's disease nurse specialist in the delivery of apomorphine therapy](#)

Member Publications includes links to; [Parkinson's Disease Self-Directed Learning Package For Nursing Staff MDS-UPDRS and UDysRS Training Programs](#)  
[Parkinson's Care Course \(Australian College of Nursing\)](#)

Emma Everingham, Amy Jones, Sheree Ambrosini and David Tsui find the work of the MDC to be rewarding but time consuming. It is exciting to be part of the development of this professional specialty and we appreciate the support of ANNA and the executive team.

Sue Williams  
Chair ANNA MDC  
9th August 2018

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