

NurseClick

APRIL 2013



Australian College of Nursing

Voice of influence

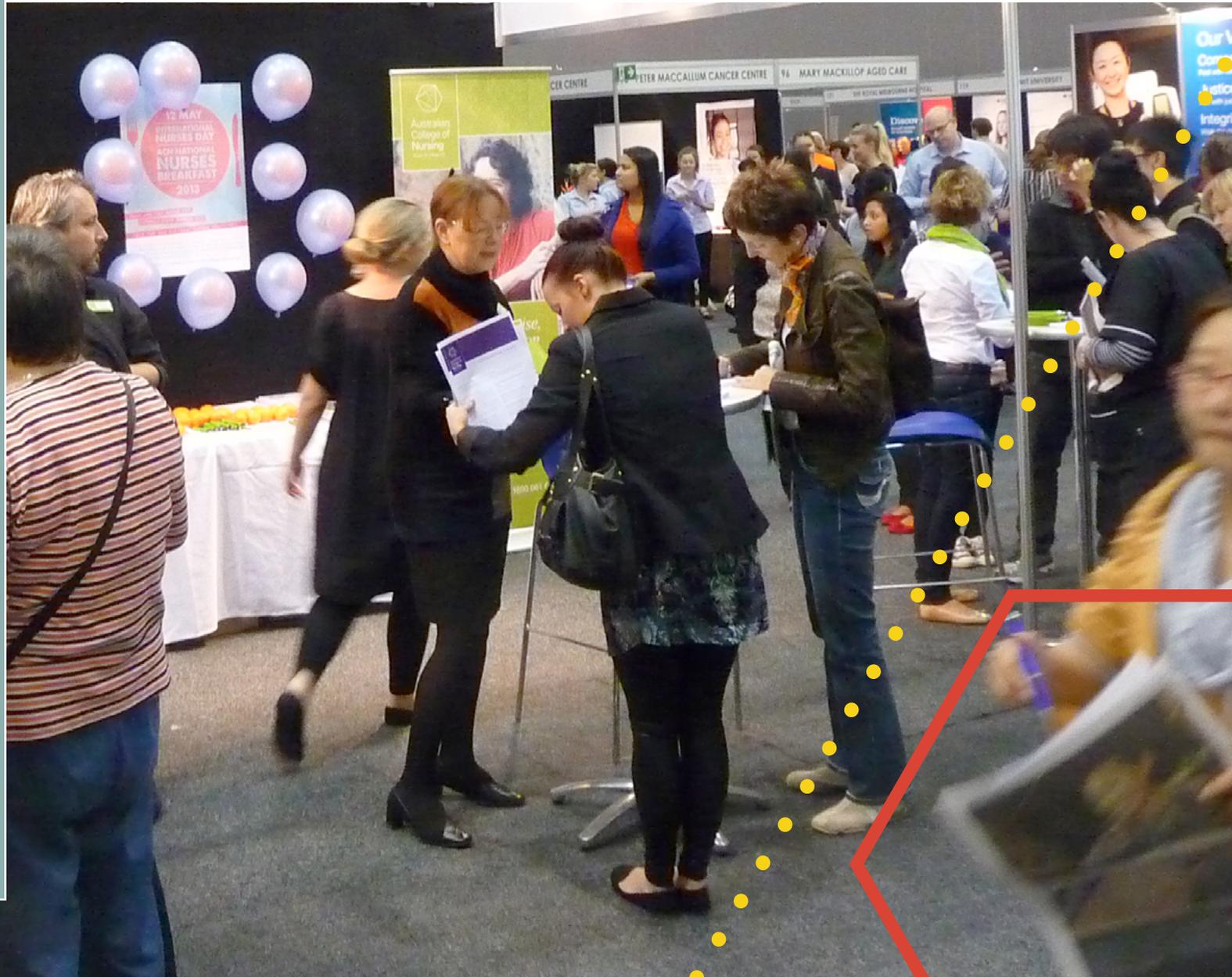
Feature:

*Nurse students
and graduates
lead the way*

*ACN Nursing and
Health Expos*

*Seeing the world
and finding my way*

*Wound Management
and the Older Person*



Cover

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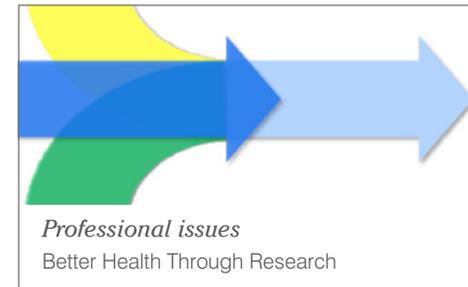
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“The expos are the only event specifically dedicated to enhancing the profile of nursing as a profession...”

Welcome from the President

*Carmen Morgan FACN
President, Transitional Board ACN*

April saw the beginning of the Australian College of Nursing (ACN) Nursing and Health Expos, including Western Australia and Victoria. The expos are the only event specifically dedicated to enhancing the profile of nursing as a profession, and promoting the recruitment to and retention of the nursing workforce. This Sunday, ACN will host the Queensland expo. We encourage all our Queensland colleagues to come along and experience the range of exciting new features including: educational seminars; lucky door prizes; and giveaways.

Featured in this edition of *NurseClick* is the second-part of Deborah Cochrane’s story about her experience in Tonga. We also take a closer look at the early career nurses who will be speaking at the Student Assembly Forum at the International Council of Nurses (ICN) Congress next month.

Members who are yet to transition from either the Royal College of Nursing, *Australia* or The College of Nursing have until **Monday 1 July 2013** to transfer to ACN. Along with membership comes a variety of member benefits – education, representation and publication opportunities as well as access to a variety of grants and awards. The ACN Grants and Awards program will open at the end of this month. Many of these grants are only available to ACN members, so now is the perfect time to transition your membership or join ACN.

With both the ICN Congress (18–23 May) and International Nurses Day (12 May) fast approaching it’s certainly an exciting time for nurses in Australia.

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NEW NURSING PUBLICATIONS



Judith Cornell AM FACN, Debra Thoms FACN (DLF), ACN CEO and Lynette Russell AO FACN (Ret)

A Vision For The Bush: The NSW Bush Nursing Association 1911-1974
(2012) R. Lynette Russell AO and Judith A. Cornell AM

This is the untold story of the Bush Nursing Association from its beginnings until 1975. The Association is described as 'an extremely effective organisation which provided a very real and accessible health care service to people in rural and remote areas of New South Wales'. This account is both readable and accessible; and is well illustrated. ACN is proud to be the publisher and distributor of this publication.

Download the [ACN resource order form](#) to obtain your copy.



The History of District and Community Health Nursing in the ACT from 1911 to 2011 – 100 years – Caring for the Community Rain Hail or Shine
(2012) Alan Foskett and Shirley Sutton

"This is a book which not only will appeal to nurses or those working in the health sector, but to all Canberrans as a unique and detailed history of the ACT."

"Because of the heritage significance, the project has been generously supported by the ACT Government through the ACT Heritage Grants Scheme, ACT Department of Health Nursing and Midwifery Office and other sources," the Chief Minister Katy Gallagher MLA said.

To order your copy phone Shirley Sutton on (02) 6291 8410.

ALZHEIMER'S AUSTRALIA URGES THE GOVERNMENT TO PROTECT HUMAN RIGHTS IN NURSING HOMES

On Thursday 11 April, 2013, ABC's Lateline program featured a report about severe and extreme behavioural disturbance among people with dementia in nursing homes, particularly instances of aggression. They also interviewed the Minister for Mental Health and Ageing, Mark Butler, MP about the issues.

[MORE >](#)

\$7.9 MILLION FOR PARTNERSHIP PROJECTS TO IMPROVE THE HEALTH OF AUSTRALIANS

Minister for Health Tanya Plibersek announced \$7.9 million for 11 Partnerships for Better Health – Partnership Projects including research into medication regimes for kidney transplants, chlamydia testing, work-related asthma and cancer, suicide prevention, and mental health disorders in rural children.

[MORE >](#)

OXFAM AUSTRALIA – ASK YOUR STATE PREMIER TO SUPPORT CLOSE THE GAP

The time is now to put the pressure on State Governments to continue funding this important agreement.

[Ian Thorpe has written to State and Territory Governments](#) asking that they treat this as a high priority – you can join him in asking your state or territory to publicly commit to renewing investment in Aboriginal and Torres Strait Islander health equality.

[MORE >](#)

AUSTRALIA AND SINGAPORE RESEARCH TO TACKLE EMERGING INFECTIOUS DISEASES

The Gillard Government has announced a new medical research partnership with the Singapore Government to fight three of the most infectious diseases in the Asia-Pacific region.

[MORE >](#)



ICN 25th Quadrennial Congress
18-23 MAY 2013 | MELBOURNE AUSTRALIA

Nurse students and graduates lead the way at the ICN Student Assembly Forum

The ICN Student Assembly Forum ensures the participation and engagement of the next generation of nurses; the generation who are to carry the profession of nursing into the future. We look forward to welcoming you all to the 25th ICN Congress.



JASON MILLS MACN
ACN New Generation of Nursing Faculty Advisory Committee Vice-Chair and co-chair of the Assembly



CLAIRE STEWART MACN
3rd year nursing student and co-chair of the Assembly

On the opening day of the ICN 25th Quadrennial Congress, ACN will host the ICN Student Assembly Forum. This year's Assembly theme, The socio-technical nurse, deals with the evolution of information technology in the health care landscape.

The Assembly presents delegates with the opportunity to listen, share, engage and debate the ethical, moral and professional issues faced by students and nurses in this 'socio-technical' era and is, without a doubt, an ideal way to launch the five days of Congress activities.

The Assembly will showcase four of Australia's up-and-coming student nurses and nursing graduates, who will present, explore and discuss their own unique perspective on socio-technical developments impacting on health care both locally and internationally. ACN members Jason Mills and Claire Stewart will co-chair the Assembly and will facilitate and encourage open discussion from all delegates.

The Assembly will provide delegates with the opportunity to meet and explore priority issues as they look toward their future in nursing. Importantly, outcomes from the Assembly will be summarised and presented to the Council of National Representatives, ICN's global governing body, by two ACN student representatives; what a superb opportunity for our future nurse leaders to engage and converse with current nurse leaders from around the world.

Are you a Registered Nurse looking for a challenging and rewarding experience?

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ELY TAYLOR MACN
Registered Nurse,
Royal Prince Alfred Hospital,
Sydney, NSW, 2012 ACN
Emerging Nurse Leader

Ely moved to Indonesia to study Indonesian Language and Cultural Studies at the University of Indonesia and during this time she completed a village immersion in West Timor, which opened her eyes to the importance of sustainable and readily available health care. Ely returned to Canberra to study a Bachelor of Nursing at the University of Canberra. She held the positions of President and Co-Chair of the Canberra Rural Allied Health and Nursing Collective as well as other student representative roles. She is passionate about health equity and culturally appropriate health care.

Ely's presentation:
I'll just Google it

As our society becomes more reliant on the speed and availability of technology it is vital for our health care environment to adjust accordingly. It is critical to ensure that accurate evidence based databases and applications are being used by clinicians who are becoming more likely to do a quick Google search to find information about a specific condition. We are now living in a world where there is an 'app' for everything and instant referencing is being incorporated into our day to day conversations; Google has become the world authority.

The expectation of immediate information coupled with increased time pressures on the wards means hospitals and health authorities need to join this market and ensure that their staff uses the best evidence based information. It is time to embrace this cultural shift towards immediate information technology usage in practice and regulate it so that patient outcomes are not compromised.



EVAN CASELLA
2nd year nursing student,
James Cook University, QLD

Evan is a passionate second year nursing student at James Cook University. He has travelled extensively throughout the world and in doing so, developed a strong social conscience. Upon discovering the potential nursing has as a profession to make significant positive changes to the world, he embarked on the 'nursing path'. He has recently been nominated for the Pearson Student Academic Achievement Award.

Evan's presentation:
The sociotechnical nurse swims into the future

Changing methods of communication are drastically expanding human interaction through the sharing of information, which in turn is changing social infrastructure. As social infrastructure changes, professions such as nursing need to evolve in order to remain relevant.

Today's technology is increasingly blurring the boundaries between the social and technical aspects of work with the development of social media transforming human contact and communication into a multi-method process. In Australia, we are very adept in utilising social technology to be more efficient, creative and connected; so as Australian nurses, why don't we "start swimming", embrace this change and evolve to reach our highest potential as professionals. This presentation will imagine a world where nurses integrate social media into planning, implementing and evaluating care. Drawing on a combination of real world examples of best practice, and blue sky thinking strategies, the adoption of future forward technology in the provision of evidence-based care will be discussed.





LAURIE BICKHOFF MACN
Registered Nurse,
Hunter New England Health,
Newcastle, NSW, 2012 ACN
Emerging Nurse Leader

Laurie completed her nursing degree at the University of Newcastle (UON) and has been accepted as a first year registered nurse within the Greater Newcastle Cluster. Laurie helped establish the Nurses 4 Nurses group at the UON, which focusses on providing support and friendship to nursing students, while also making a difference within our community. She was selected by the UON to attend and present at the Asia Pacific Alliance of Health Leaders conference in Chang Mai, Thailand. She also received the Certificate of Appreciation for Outstanding Leadership and support of fellow students from UON.

Laurie's presentation:

Social media and patient privacy – where's the line?

Patient privacy is essential in health care. However, increasingly we are seeing breaches on social media. From status updates containing patient information to photos of patients, x-rays or wounds– these all regularly pop up on sites such as Facebook and Twitter. Advocating for our patients is a core nursing competency and is not confined to the ward environment.

It is imperative we practice in a manner which always protects our patient's dignity and keeps us away from the slippery slope of unethical and immoral behaviour. These breaches of patient privacy will only cease when they are no longer deemed socially acceptable; when we are willing to speak up and regulate each other.



RENEE CALLENDER MACN
3rd year nursing student,
University of Wollongong, NSW,
2013 ACN Emerging Nurse Leader

Renee is passionate about equitable access to education for all Australians. Renee moved out of home at the age of 18, four hours from family and friends and started her nursing degree at the University of Wollongong, where she has witnessed first-hand the difficulties faced by students who have had to relocate to undertake additional study. Renee has started her third and final year of a Bachelor of Nursing, and is an assistant in nursing at Wollongong Hospital.

Renee's presentation:

Reaching out to an untapped resource: the rise of tele-education in regional and remote locations in Australia

This presentation will discuss nursing education in Australia in the past, and how the increasing use of tele-conferencing and online class delivery is increasing the reach of nursing education in this country. By increasing the reach of nursing education many more regional and remote nursing students, who in the past may have had to travel or move hours away from their homes for education, may now be able to access it closer to home.

In Australia, and across the world, there is a significant demand for professional educated nurses. This demand is especially prominent in regional and remote areas; by enabling distance education, those who may have wanted to become a nurse but have been limited due to financial circumstances, resource disadvantages and family commitments, will be supported.

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2013

ICN 25th Quadrennial Congress
18-23 MAY 2013 | MELBOURNE AUSTRALIA

Equity and Access to Health Care

Better Health Through Research:

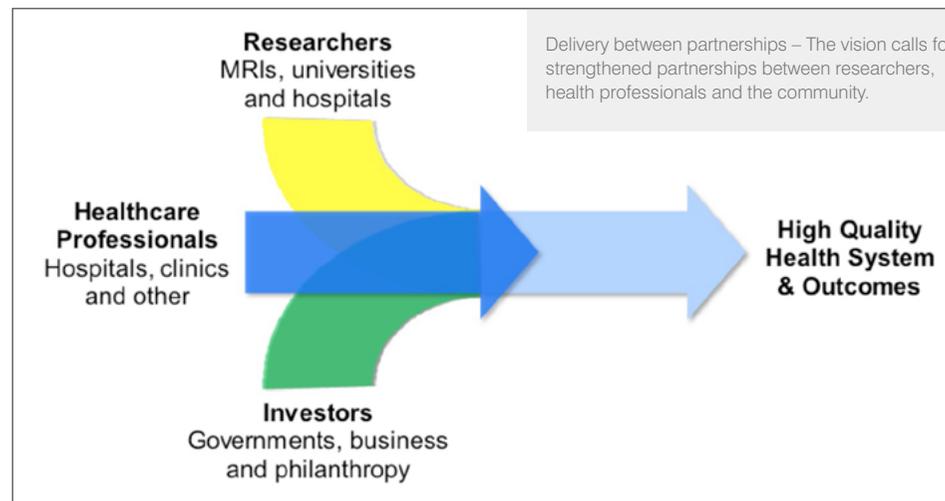
the release of the Strategic Review of Health and Medical Research Final Report

BACKGROUND

The *Final Report* of the McKeon Review, the *Strategic Review of Health and Medical Research – Better Health Through Research* was released on Friday 5 April 2013. The McKeon Review, led by Simon McKeon, former Australian of the Year, was an independent review commissioned by the Australian Government in 2011, to determine the state of health and medical research in Australia and to recommend a 10-year strategic health and medical research plan. The *Final Report's* overarching message is that Australia needs to better integrate health and medical research into health care delivery and foster stronger linkages between health care providers and research organisations. Royal College of Nursing, Australia (RCNA), now ACN, actively participated in this essential consultation in 2012 by providing a written submission as well as through attending a face-to-face consultation held in Canberra.

KEY MESSAGES

In attending the face-to-face consultation, RCNA's key messages to the McKeon Review advocated for improved funding arrangements for nursing research. It was



argued that nursing research is consistently underfunded. This underfunding, it was highlighted, ultimately has implications for patient care, as nurses are the most prevalent health professional within the health care system and nursing services are a critical part of most health care journeys. It was also argued that there are a limited range of categories for research to which nursing researchers can apply. From a nursing perspective, RCNA proposed that there should be specifically allocated, quarantined funding to support nursing

research to stimulate overall greater nursing research output and that research priority should be given to translational research.

STEPS TO REFORM

The central message of the McKeon Review *Final Report* is that Australia needs stronger integration of health and medical research and health care delivery. The report outlines an extensive range of steps to achieve this reform. A few examples include:

- > establishing a leadership body to provide direction to organisations responsible for providing improved health services and leadership to the health and medical research sector
- > establishing “Integrated Health Research Centres” combining hospital networks, universities and medical research institutes to drive translation of research into clinical practice
- > supporting priority-driven research based on a set of national health and medical research priorities
- > building health professional research capacity through supporting practitioner fellowships and embedding research into training and accreditation and by promoting dual research-practitioner education pathways.

A full set of recommendations and full report of the research panel's findings can be found in the *Strategic Review of Health and Medical Research Final Report*. ACN will maintain an active interest in the Australian Government's response to the McKeon Review and continues to advocate on behalf of the nursing profession in the health and medical research sphere.

National Summit on Female Genital Mutilation

Kathleen McLaughlin FACN, ACN Executive Manager, Member Relations



Representatives and participants of the National Summit on Female Genital Mutilation

In December 2012, the Gillard Government made a promise to boost community awareness and educational campaigns, and review Australia's legal framework in an effort to stop the practice of female genital mutilation (FGM) (DoHA 2012). Prime Minister Julia Gillard asked the Hon Tanya Plibersek MP, Minister for Health, to

coordinate the Government's effort to end the practice of FGM and support those affected.

> The full article on the *National Summit on Female Genital Mutilation* will appear in the June/ Winter issue of the ACN member print publication, *The Hive*. To become a member of ACN, head to our [website](#).

When your patient is dying...

Melissa J Bloomer FACN, PhD Candidate, Monash University

Professor Wendy Cross FACN, Head of School, School of Nursing & Midwifery, Monash University

Professor Margaret O'Connor FACN, Vivian Bullwinkel Chair in Palliative Care Nursing, Monash University

Professor Ruth Endacott, Nurse Academic, Monash University

Australia's population is ageing, and despite improvements in medical technology, many patients will die in the acute hospital setting. While Australia is ranked second in the world for 'quality of death' (Economist Intelligence Unit 2010), only a small proportion of patients who die in Australia are cared for in a specialist palliative care setting (O'Connor et al. 2007). For those who die in general hospital wards or in critical

care areas, where the overall momentum is toward extending life, the quality of end of life care is dependent on many factors (Bloomer et al. 2011).

> The full article *When your patient is dying...* will appear in the June/ Winter issue of the ACN member print publication, *The Hive*. To become a member of ACN, head to our [website](#).



Collaboration
5th to 7th June 2013
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 Australian College of Nursing

Fancy Brekky? Celebrate International Nurses Day!

The National Nurses Breakfast is now in its third year and has gone from strength to strength.



Sunday 12 May 2013 is International Nurses Day (IND) and ACN is commemorating this annual event with the National Nurses Breakfast. All nurses, health workers and members of the general public are invited to be a part of this nationwide celebration. From hospital canteens to cafes, homes to local parks; thousands of people will gather to share a meal and celebrate nurses and their contribution to the health of our society.

Since its inception in 1974 IND has become an important date for both the health and broader communities to remember, discuss and celebrate the nursing profession. Each year the International Council of Nurses chooses a theme for International Nurses Day. The theme for 2013 is *Closing the gap: The Millennium Development Goals: 8, 7, 6, 5, 4, 3, 2, 1.*

The National Nurses Breakfast is now in its third year and has gone from strength to strength. In the last two years 192 breakfasts have been hosted across the country and around the world with over 10,000 nurses and their supporters getting together to celebrate nurses, their profession and their future; 2013 promises to be even bigger.

[Learn more](#) or [register your event](#)



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THE NATIONAL NURSING FORUM

Success through Synergy

20-22
OCTOBER
2013

In the centenary year of our national capital ACN we will be convening The National Nursing Forum for our members and the broader nursing community, from **Sunday 20 until Tuesday 22 October 2013**, in Canberra. The theme, *Success through Synergy*, recognises that in our practice we can be more successful when we work together, learn from each other and support each other.

Over the coming months we will be featuring speakers from the Forum. In this edition of *NurseClick* we showcase forum facilitator and key-note speaker, Robyn Moore, and key-note speaker and workshop presenter, Dr Louise Mahler.



ROBYN MOORE

Robyn Moore is a multi-skilled communicator who has been changing peoples' perception through the power of the word for over 40 years. She has sold millions of dollars' worth of products for thousands of Australian companies, entertained millions of Australians in this country's longest running radio comedy, enchanted children in animation series that are seen in 70 countries and is considered to be one of our top speakers at national and international conferences.

Robyn was the National Communicator of the Year; is an Australia Day Ambassador for the Australia Day Council and the Australian Childhood Foundation and is a National Patron of Make-A-Wish Australia.



DR LOUISE MAHLER

As a surgeon of personal presence, Dr Louise Mahler uses her cutting instruments to diagnose your key area of performance blockage and conjure dramatic transformation. Dr Mahler has explored the breadth of a career in classical singing in Europe, including recitals, oratorio, a two-year soloist's contract with the Vienna State Opera, as well as roles in the Salzburg, London and Aldeburgh Festivals. Dr Mahler's qualifications also include: a PhD within the field of business, a Master of Applied Science in Organisational Psychology, a Bachelor of Economics, a Certificate in Applied Applications Programming, a Bachelor of Music, a Graduate Diploma in Music, a Licentiate of Music, Australian Music Board in voice and an array of certificates including: Master Practitioner in Neuro-linguistic Programming.

Dr Mahler won the Vice-Chancellor's Research Award for Innovation for the contribution of her PhD research, which won outstanding recommendations in both America and Europe.

CALL FOR ABSTRACTS NOW OPEN

Drawing on the conference title, *Success through Synergy*, abstracts are being sought that address one of the following sub-themes within one of the practice areas listed below.

SUB-THEMES

- CARE DELIVERY AND CLINICAL PRACTICE
- EDUCATION
- LEADERSHIP
- SAFETY AND QUALITY
- WORKFORCE
- LEGAL AND ETHICAL ISSUES

PRACTICE AREAS

- ACUTE
- COMMUNITY AND PRIMARY HEALTH CARE
- CHRONIC AND COMPLEX CARE
- DISASTER
- RURAL AND REGIONAL

HISTORY

There will be a specific stream to recognise the historic nature of 2013 in which we celebrate Canberra's centenary and the first of ACN's National Nursing Forums.

[SUBMIT YOUR ABSTRACT >](#)

The hospital

My experience in Tonga

Deborah Cochrane,
ACN Nurse Educator

This is the second-part of a three-part series on Deborah's experience attending an international conference in Tonga.



As mentioned in part-one of my story, 'The People', at the 2nd International Tongan Nurses Conference the international speakers and the Australian organising committee were given a tour of the newly built hospital, Vaiola on the main Island, Tongatapu. The hospital building was funded from aid abroad and was a welcomed and appreciated project. Although the hospital was new it lacked a lot of resources and

was filled with old equipment that had been brought across from the old hospital. It reminded me of my training days in the very early 1980s as most of the equipment was dated and worn. This hospital tour opened my eyes to just what nursing is really about and reflected the theme of the conference so well, *CARING: The Essence of Practice for Better Health Outcomes*.

On our visit to the operating suite, as a theatre nurse, I enquired about operating lists, procedures attended and so forth.

I was told that often the operations were cancelled, regardless of urgency, as the power supply would be too little to proceed or they would not have any water and electricity to wash the linen to wrap and sterilise the instruments. At the time of our visit they were actually operating. I asked about the operation and was told it was an emergency case; a seven year old boy with a penetrating eye injury. On further enquiry, I discovered that the boy sustained his injury five days earlier. They told me that they had to wait for the surgeon and equipment to

come over from Canada before being able to perform the surgery.

During the visit we came across many patients, but one in particular will be etched in my mind for years to come. In the recovery/intensive care ward was a six year old boy. He had been hit by a car several days earlier. He was the only patient in the two-bed ward and with him sat his vigilant appointed carer, his mother and the nurse. He had fatal injuries and was on a ventilator. We all entered the ward, and the nurses, our



Tongan operating theatre, Vaiola, Tongatapu.

Contents

Feature

local guides were all very proud to show us this area. There were about 25 of us in total and we were a bit reluctant to invade this patient's privacy and space, knowing the seriousness of his condition. The Tongan nurses wouldn't hear of this, and began to enquire of the little boy. On hearing his story, the nurses who were showing us around began to pray for the little boy and his family. We all stood around the bedside, including the nurse on duty, stopped, prayed and sang hymns that he should live, all knowing that a miracle would be needed for him to survive. There was nothing Tonga could do to save this little boy. The prayers and hymns were in Tongan and I was so compelled by this situation that I

found myself saying my own versions in English. Every single person, including our entourage of photographers, wept because of the intensity of the emotions of this moment.

The nurses did so much with so little, but they all do it without complaint. They showed expertise and high quality care under some very difficult circumstances, and always with a warm caring attitude. This experience was one of the most humbling experiences of my career.

See the final edition of Deborah's 'Tongan' experience in the May issue of *NurseClick*.



Tongan hospital equipment at Vaiola, Tongatapu.



The Australian Association of
Maternal, Child and Family
Health Nurses

Connections

with Families, with Communities, with Colleagues

5th Biennial National Conference

National Convention Centre, Canberra 9 -11 May 2013



www.connections2013.org.au

Wound Management and the Older Person Course:

a collaboration between Baptist Community Services AgeCare Western Region and ACN

By Melissa Sinfield MACN, Care Improvement Manager BCS Western Region

Fantastic! I learnt a lot!

I feel a lot more confident with wound care now.

The practical sessions were the best part of the two days.

These are just some of the comments from staff who attended a two-day Wound Management and the Older Person Course at the Baptist Community Services (BCS) Morven Gardens in Leura, NSW. The course, which was developed in consultation with ACN and BCS AgeCare Western Region, focussed on the need for

Western Region RNs and ENs to enhance their knowledge and skills in relation to wound management for clients in residential and community aged care.

Twenty staff from across BCS' Western Region attended the course facilitated by Matthew Wilson, a Wound Care Clinical Nurse Consultant at Sutherland Hospital. The course contained a mix of theory and practice. It included topics such as: pathophysiology of wound healing; assessment and management of common wounds in older people (lower leg ulcers,

skin tears and pressure sores); wound product selection; and evidence based practice. The practical sessions were very popular, including an opportunity for everyone to roll-up their sleeves and practice their compression bandaging and negative pressure therapy techniques.

Community staff in our region deliver services to over 2,000 clients and it's not uncommon for their clients to have a wound that needs to be managed. The BCS Western Region is geographically very large, meaning education provision is a challenge, so it was incredibly beneficial for RNs and ENs in our region to come together to learn from an expert in wound care.

Everyone valued the opportunity to learn about the latest evidence based practice and to share their experience and ideas. One of the spin-offs from this course was identifying a number of staff in our region who already had experience using negative pressure therapy, with these staff becoming a valuable resource for other staff in the future.



Participants enjoying Wound Management and the Older Person course



Matthew Wilson, Wound Care Clinical Nurse Consultant with course participant



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ACN Nursing and Health Expos kick-off in WA

SUNDAY 7 APRIL 2013 saw the beginning of ACN's Nursing and Health Expos in Perth, WA. ACN staff from both Canberra and Sydney offices travelled to WA to showcase ACN's membership, education, Emerging Nurse Leader Program and the International Council of Nurses Congress.

The expo featured a variety of exceptional exhibitors including the WA Department of Health interactive area, ACN educational seminars and the 92.9 Radio Street Cross team. ACN CEO Debra Thoms announced the winner of the exhibitor prize; Osborne Park Hospital.

VIC Expo

SUNDAY 21 APRIL 2013, the ACN Nursing and Health Expos arrived in Melbourne. 4,500 visitors came through the exhibition doors and were welcomed with a Nursing and Health Expo Guide provided by *The Age*, MyCareer.

Visitors networked with approximately 70 organisations showcasing their nursing services, including Defence Force Recruiting Australia who invited visitors to experience real life in a defence resuscitation tent. The educational seminar series were also a key drawcard to the Victorian community, with approximately 1500 visitors attending to listen to industry experts provide insights into managing their CPD portfolios and career services such as the Graduate Nurse and Midwifery Program Match.

NEXT EXPOS: > QLD EXPO SUNDAY 28 APRIL > NSW EXPO SUNDAY 23 JUNE

Photos:

1. Osborne Park Hospital, WA expo best exhibitor winners
2. John Kemsley-Brown, ACN Education Executive Manager (far left) and Debra Thoms (far right) with staff from WA Health
3. John Kemsley-Brown, ACN Education Executive Manager (middle left) and Debra Thoms (far right) with staff from Defence Force Recruiting
4. Expo visitors with the Street Cross Team in Victoria



Great seeing you at the Nursing and Health Expo in Melbourne!

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Seeing the world and finding my way

Ely Taylor MACN, Graduate Nurse



Children and teachers at a volunteer school for disadvantaged kids, Makassar, Indonesia

The Australian College of Nursing's Emerging Nurse Leader (ENL) Program, launched in 2011 ensures that Australia's talented nursing students and graduates become the leaders of tomorrow. Ely Taylor is a 2012 ENL winner.

I have had a pretty remarkable life. My parents took my brother and me all over the world and introduced us to the diversity of humanity.

My parents showed us poverty and affluence, beauty and illness and the complexity of culture. Most importantly it taught me to appreciate what I have, and how I should live my own life.

When I finished school I didn't know what I wanted to do, so my best friend and I packed our bags and headed to New Zealand. Not the furthest or most exotic of locations but it is where I found my feet. When I came back to Australia my parents decided to move to Jakarta, Indonesia. I had no plans so decided to move with them; I was 18 years old. Moving to a place where you have no friends and no shared language can be pretty tough. But in retrospect, I think it is where I learnt a lot about myself – some things I liked, others I didn't! I realised I was a people person and thrived on communication. I also found that I easily got caught up in worrying about things that didn't deserve the energy. I ended up going to the University of Indonesia, learning Indonesian and making some good friends. I realised that travel has a way of opening your eyes and can make you appreciative of life.

These experiences allowed me to reflect on my place in the world and enhanced my desire to make a change for the better. It was during this time away that I also came to the understanding that nursing was the perfect career path for me to achieve this. Nursing can break down boundaries of class and hierarchy. It deals with basic human emotions and core experiences, which can shake the strongest of people and build resilience in the most unlikely of people. Nursing is about all people, no

matter where you are from or where you may be heading.

The ENL program is allowing me to understand my strengths, weaknesses, values and vision and is allowing me to fully develop as a nurse and, most importantly, a humanitarian.



Ely in the foreground with family friend Nyoman and brother Mike at their house warming and house blessing, Sanur, Indonesia

ACN Grants, Trusts & Awards

NOW OPEN

Applications close
10 June 2013

 Australian College of Nursing

Have your say – National Board consultations



ANNE COPELAND
National Board Chair

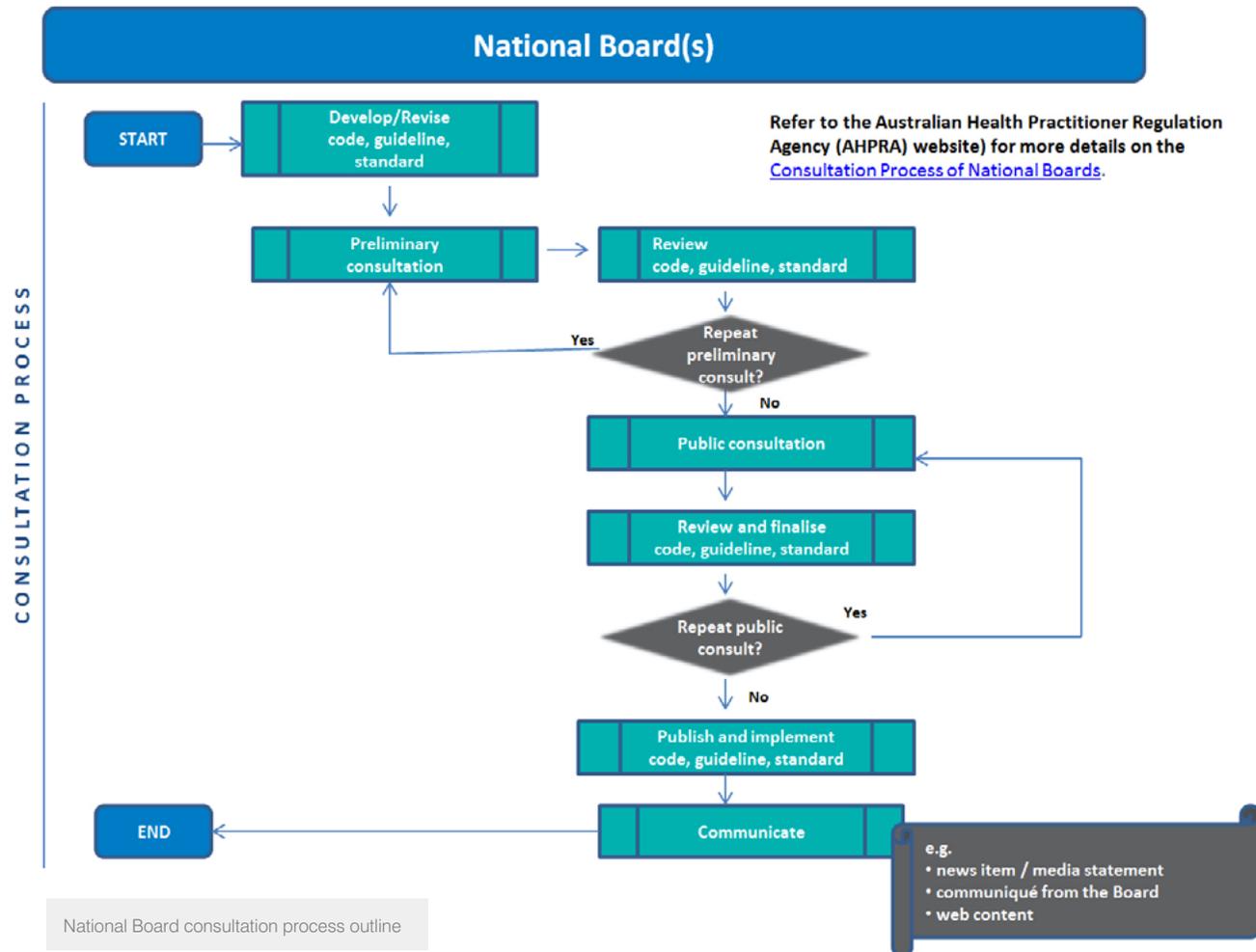
Your feedback is important to us.

We consult publicly on a range of matters. Consultations are a meaningful way for the Nursing and Midwifery Board of Australia (National Board) to involve nurses and midwives in matters that directly affect you, or have potential to affect you.

Our consultation process encourages you to share with us your thoughts and suggestions, facilitating an exchange of ideas to support our decision-making from the best available data sourced. While communicating and consulting with you is not an end in itself, it constitutes best practice and opens up healthy discussions and viable options.

In developing registration standards, codes and guidelines, we adopt a six-step process:

1. *Development:* We identify the need for a particular registration standard, code or guideline.



Contents

National Board update

2. *Preliminary consultation (testing)*: We 'road test' proposed content ahead of public consultation, to identify operational impact and any issues or concerns before the document's public release for open consultation.

3. *Review*: We assess and integrate preliminary feedback in the proposed content.

4. *Public consultation*: We publish on our website the consultation documents, and welcome wide-ranging feedback from professional associations, registered health professionals, the community and consumer groups, education providers, governments and other stakeholders.

5. *Review and finalisation*: We assess and integrate public consultation feedback in the proposed content.

6. *Publication and implementation*: We finalise the consultation, approve final content and publish the new or revised registration standard, code or guideline on the National Board website.

The following are current consultations underway:

Review of common standards (public)

Together with AHPRA and the 13 National Boards in the National Scheme, we are currently consulting on the following

(common to all National Boards):

- > revisions to the *Guidelines for advertising*
- > *Social media policy*
- > revisions to the *Guidelines for mandatory notifications*.

We invite you to give feedback on these revised common guidelines that will become part of the regulatory framework for registered health professionals in Australia.

Details of the consultation are available under *Current consultations* on the [National Board website](#). Submissions are open until **30 May 2013** when consultation closes.

Speak, let us hear you.

All-Board review of registration standards (preliminary)

The National Board is participating in an all National Boards review of common, or largely common, registration standards which includes the *English language skills registration standard* and the *Criminal history registration standard*.

While the Board-approved *English language skills registration standard* is not due for review until September 2014, we are participating in this all Boards preliminary consultation so we can take advantage of any new evidence that may emerge and help us consider modifications to our

registration standard. This way, we can be flexible without compromising the protective purpose of the *English language skills registration standard*, consistent with best available evidence and the outcomes of the all-boards review.

This preliminary consultation forms part of a three-year review of all National Boards' registration standards introduced with the National Scheme on 1 July 2010 (18 October 2010 in Western Australia). Registration standards, guidelines and codes are due for review at least every three years.

We will publish details of the consultation when it goes public on our website, where current [registration standards](#) are also available.

For more information

Visit www.nursingmidwiferyboard.gov.au under [Contact us](#) to lodge an online enquiry form.

For registration enquiries:
1300 419 495 (within Australia)
+61 3 8708 9001 (overseas callers)
For media enquiries: (03) 8708 9200

AGED CARE NURSING SCHOLARSHIPS

Close 26 April 2013

CPD and nurse re-entry scholarships are now open

Apply online at www.acn.edu.au

 Australian College of Nursing

Join in the celebration!



 Australian College of Nursing

ACN NURSING AND HEALTH EXPOS IN 2013



The QLD Nursing and Health Expo will take place this Sunday 28 April at the Brisbane Convention and Exhibition Centre. Doors open 10:00am – 3:00pm; gold coin on entry.

For more information visit our [website](#).

To attend an educational seminar [register now](#).

MEET ACN STAFF AND MEMBERS AT THE QLD EXPO

Come and visit ACN's membership booth at the QLD ACN Nursing and Health Expo.

You can fill in your transition form, update your contact details, ask questions about your membership, find out what educational courses are on offer or become an ACN member.

You can also chat with ACN members who will share their experience as a nurse and why they have joined.

MEMBERSHIP

ACN membership growing

The growth in ACN membership shows that nurses are recognising the importance and value of belonging to the professional association that will **support their career** and be **the voice of influence**. With new engagement structures to link nurses across the country about to be introduced, greater opportunities for nurses to be involved in the professional issues that matter to them, and a range of grants and awards available, more nurses are recognising the advantages of being an ACN member.

Don't miss opportunities to get your article published, profile your practice and research, apply for a grant, collect CPD hours, and network to identify career opportunities – **Get ahead**.

The heavily reduced ICN Congress registration fees, complimentary newsletters and publications, large discounts on CPD courses and professional indemnity pay for membership itself.

Download the [membership brochure](#) listing all member benefits and fees and share it within your network. Through ACN you can help shape your career and our profession.

ICN 25TH QUADRENNIAL CONGRESS



18–23 May 2013 Melbourne, Vic

Registrations are open for the Congress.

[Learn more](#) and [register today](#).

THE NATIONAL NURSING FORUM



ACN will hold the National Forum, *Success through Synergy*, from **20–22 October 2013** at the National Convention Centre, Canberra.

[Register your interest](#)

CALL FOR ABSTRACTS NOW OPEN

ACN invites you to submit an abstract for The National Nursing Forum. **Submissions close 16 June 2013.**

[Download the Call for abstracts](#)

[Submit an abstract](#)

GRADUATE CERTIFICATES FOR JULY

Eleven [graduate certificates](#) for July 2013 have just been accredited by TEQSA, including three new courses in drug & alcohol nursing, musculoskeletal & rheumatology, and nursing practice. Visit our [postgraduate page](#) for more details of all graduate certificates for July.

NT CHAPTER

The Northern Territory Chapter of Australian College of Nursing invites you to:

“My naturopath told me...”
**Unorthodox allergy testing techniques:
A review of alternative ‘health’ approaches**

Speaker: Carly Phillips, Rheumatology, Allergy and Immunology Nurse

Tuesday 7 May 2013

5:00pm – 6.30pm

5:00pm – 6.00pm

Presentation

6.00pm – 6:30pm

Chapter Committee Meeting

Darwin Private Hospital,
Rocklands Drive Tiwi NT

Cost: Free

[Register now](#)

REPRESENTATION

Opportunity for nurses to attend workshop on non-communicable disease (NCD) prevention at ICN Congress.

ACN is offering a fantastic opportunity to members with a specific background and experience in Aboriginal Torres Strait Islander health to participate in an interactive one-day workshop aimed at strengthening nurses' capacity in addressing NCDs. ICN is organising this workshop for nurses attending the ICN 25th Quadrennial Congress in Melbourne on 18 May 2013.

The workshop *Health Behaviour Change: Nurses addressing non-communicable diseases* will focus on communication and behavioural change skills for NCD prevention.

ACN encourages members who are Aboriginal or Torres Strait Islander Australians or have experience in Aboriginal and Torres Strait Islander health and who are attending the ICN Congress, to please forward your interest to attend this workshop to policy@rcna.org.au by COB Friday 3 May 2013.

ACN GRANTS AND AWARDS

Princess Srinagarindra International Award

One Princess Srinagarindra Award is given each year to a registered nurse or midwife or group of registered nurses or midwives who have made a significant contribution, through direct care, research, education or management, within the nursing or midwifery profession and/or for the development of the nursing or midwifery profession.

Applicants may be nominated by national nursing authorities or by an individual or group of individuals in nongovernmental capacity, as candidates of the award.

Download the application form.

Nominations are to be submitted to grants-awards@rcna.org.au.

Applications close Friday 3 May 2013.

INDUSTRY ENGAGEMENT

New Indigenous CPD resources for health practitioners

This new portal on the Australian Indigenous HealthInfoNet website leads to research and other contemporary health knowledge in forms that have immediate, practical utility for practitioners and policy-makers. Life-long learning is required for all people working in the health system to stay abreast

of recent developments and emerging knowledge and practice. This is essential in order to be responsive to scientific and other developments and changing societal expectations. The downloadable publication listing also shows the estimated number of hours required to work through each resource.

Expression of interest – Academic Council – Vocational Education and Training Sector

ACN's Academic Council provides the forum for academic debate, education policy development, education decision making and guidance to the Education Division at ACN. The Council's composition is external to ACN and consists of representatives across the nursing profession (including industry partners, academia, and alumni).

There is currently a vacancy for a representative from the Vocational Education and Training Sector. Therefore we are seeking expressions of interest from interested people within this sector.

For a copy of the Terms of Reference or more information please contact John Kemsley-Brown on (02) 9745 7540 or send a copy of your CV with your written expression of interest to john.kemsley@acn.edu.au

Applications close Friday 26 April 2013.

ACN NURSING & HEALTH EXPOS 2013

**QLD Expo
Sunday 28 April**

**NSW Expo
Sunday 23 June**



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