



Hemisphere News

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CONTACTS

If you have any unanswered questions please email me

[eobrien@](mailto:eobrien@nsccahs.health.nsw.gov.au)

nsccahs.health.nsw.gov.au

Or

Newsletter editor
Shae Miller

[SHMiller](mailto:SHMiller@nsccahs.health.nsw.gov.au)

@nsccahs.health.nsw.gov.au

nsccahs.health.nsw.gov.au

ANNA NSW President's Report May 2010.

Hi to everyone from the NSW ANNA branch.

This year I will be tendering my resignation as the NSW Branch President and delegate for ANNA. I have continued with the position for this year to attempt to assist and transition a new President. I do encourage a NSW member to take up this position as neuroscience nurses are some of the best and most entertaining people you could find and the opportunity to lead the NSW branch is one that will enhance your neuroscience experiences. I am available for a chat if anyone would like to see what it is all about. NSW is the biggest branch of ANNA so it would be a shame to not have a representative that can speak on behalf of Neuroscience Nurses of NSW. Some examples are, over the last few months I have had the opportunity to provide feedback on postgraduate nursing courses that have Neuroscience content as a member of an advisory committee for the University of Technology Sydney and on the Nurse Practitioner Masters for Sydney University.

Please contact me if you are interested so that formal nominations and appointments can be made.

As usual we have the John Sheard Travel Award; applications will be con-

sidered for travel, registration and/or accommodation expenses associated with attending a professional development activity such as an educational/professional conference, forum, workshop, meeting or short course (excluding formal/higher education course fees); where the content is relevant to neuroscience nursing. The closing date is the 31st August. Please encourage yourselves and/or your friends to apply. There are two \$500 awards or 1x \$1000 award available.

ANNA NSW remains committed to encouraging Neuroscience educational events. If you want to hold an education evening or day seminar contact us to discuss the level of support ANNA NSW can assist with.

Liz O'Brien, ANNA NSW President
CNC Stroke RNSH Sydney
Ph: (02) 9926 8735

eobrien@nsccahs.health.nsw.gov.au



Associate Professor Catherine Storey's Farewell

Associate Professor Catherine Storey, recently the director of Stroke Unit at RNSH and Chair of GMCT Stroke, was farewelled in style at Government House, Sydney. One hundred health professionals, colleagues and former clients joined A/Prof. Storey and her family for a cocktail party and farewell speeches. Tributes came from her Neurological colleagues, past & present, hospital administrators and university colleagues and community representatives. They highlighted A/Prof. Storey's extensive and varied professional experiences, her involvement in innovative projects such as setting up the Stroke Unit at RNSH, her ongoing commitment to Stroke Management research and improvement, and her active involvement in health professional education. A/Prof Storey responded in her now familiar raconteur style, entertaining the audience with a story from her experiences and some facts about the venue.



It was a fitting venue and an event in a style suited to the guest of honour. A/Prof Storey

will be missed as she now pursues a retirement full of travel, history and family related pursuits.



**Want to go to
a conference, forum, workshop,
meeting or short course in
2010?**

**Why not apply for the
John Sheard Travel
Award?**

Applications for this award will be considered for **travel, registration and/or accommodation expenses** associated with attending a professional development activity such as an educational/professional conference, forum, workshop, meeting or short course (excluding formal/higher education course fees); where the content is relevant to neuroscience nursing.

Closing Date

**Applications must be received by the
last working day in August.**

For more information or an application

E-mail to:

cobrien@nscchhs.health.nsw.gov.au



Neuroscience Symposium

Report of RNSH 6th Neuroscience Symposium 2010

The idea of the Symposium is to showcase Neuroscience at Royal

North Shore Hospital and also to encourage first-time presenters, thus assisting their professional development. The standard of these novice speakers was very high with well polished and professional presentations. Nurses from RNSH N3 assisted with moderating and timekeeping. The topics were varied and interesting.

- Dr Albert Goh amazed us all with scans and videos of clot retrieval, coiling of aneurysms and embolising AVMs.
- Shae Miller related the sad case of a new mother with MS.
- Ruth Nemesh and Gemma Lloyd explained the Lifetime Care Scheme for those injured in motor vehicles in NSW and gave a case study.
- Amanda Williams and Elliot Williams (no relation) described a case of a pregnant woman with idiopathic benign intracranial hypertension and the ensuing visual problems.
- Wendy Welsh enlightened us with the little known mitochondrial disease and its assessment and management.
- Margaret Patterson had excellent videos of vocal cords and dysphagia problems.
- Ellie Borrell and Sue Williams talked about Parkinson's Disease, the new drug Apomorphine, deep brain stimulation and showed videos of patients in the "on" and "off" stages.
- Veronica Roach fascinated us all with scans of penetrating head injuries, some self inflicted, and described the difference between ballistic and non-ballistic wounds.
- Dr Michael Back showed us the exciting improvements in treatment of malignant brain tumours, the refining of radiation treatment, the use of Temozolamide and the new trials being conducted.
- Alicia Jackson entertained us as always, gave a quick revision of head injuries and discussed Emergency Department management of neurotrauma.
- Dr Noojan Kazemi showed the history of and improvements in surgery for movement disorders.

The day went smoothly with excellent and professional presentations. The buffet lunch

was wonderful, as always.

The prize for the first person to spot our “deliberate” mistake on the program was a membership/ renewal for the Australasian Neuroscience Nurses Association. This was won by Luangrath Rattanavady, a Registered Nurse from Nepean Hospital.

The major prize at the end of the day, an iPod, was won by Naomi Manalang who is a CNS at Westmead Private Hospital.

The evaluations were very positive and a great day was had by all.

Attendees From:

- ✦ Neurosurgery ward
- ✦ Neurology ward
- ✦ Neuroscience ward
- ✦ Stroke Unit
- ✦ Intensive Care Unit
- ✦ Rehabilitation
- ✦ Neurogenetic clinic
- ✦ Neurology Clinic
- ✦ Short stay ward
- ✦ Radiology
- ✦ Private Physiotherapy
- ✦ Lifetime Care Scheme
- ✦ Operating theatres
- ✦ Recovery
- ✦ Brain Injury Community team
- ✦ Nursing Agency
- ✦ Dalcross Private Hospital
- ✦ Greenwich Hospital
- ✦ John Hunter Hospital
- ✦ Lifetime Care
- ✦ Manly Hospital
- ✦ Morvern Gardens
- ✦ NSCCAHS Neuroscience Network

- ✦ Nepean Hospital
- ✦ North Shore Private Hospital
- ✦ Prince of Wales Private Hospital
- ✦ Royal North Shore Hospital
- ✦ Royal Rehabilitation Centre
- ✦ Royal Prince Alfred Hospital
- ✦ Sydney Adventist Hospital
- ✦ St George Hospital
- ✦ St Vincent's Private Hospital
- ✦ Toronto Private Hospital
- ✦ UTS
- ✦ Westmead Private Hospital

EEN	3
RN	44
CNS	7
CNE	5
CNC	5
Case manager	1
Nurse educator	2
NUM	4
Support Nurse	1
Lecturer	1
Manager of area network	1
Dietitian	1
Occupational Therapist	1
Physiotherapist	2
Referral coordinator	1
Research Nurse	1
Senior Speech Pathologist	2
Speech Pathologist	1
Senior Project Officer	1
Social Work Coordinator	1
Sponsor	4
Total	89

The
Australasian Journal of Neuroscience
needs YOU!



It's good for the profession, it's good for you!

The AJoN will be published twice during 2010 – May & October.
**Deadline for submission of articles: 1 March for publication in May &
1 August for publication in October.**

Help is available to assist you if needed.

Manuscripts are to be in MS Word format (with Title Page, Abstract, Key Words, Body, In-Text Referencing, Illustration referencing).

More information available on the ANNA website www.anna.asn.au

**Email to the Editor - Vicki Evans –
editor@anna.asn.au**

See you in PRINT!



6th Australasian Nursing & Allied Health Stroke Conference

**5 - 6 AUGUST 2010
CROWNE PLAZA TERRIGAL, NSW, AUSTRALIA**

**2010
smartstrokes**

newfutures



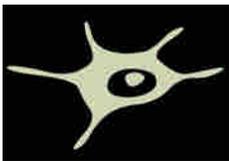
Celebrating Australasian Neuroscience Nurses Day 4 May, 2010

At RNSH, Sydney

Australasian Neuroscience Nurses Day (4th May) was celebrated by the neuroscience wards at Royal North Shore. As well as nurses from the Neurosurgical and Neurological wards, there was the Trauma CNC, a doctor from the Neurosurgical team and two of the physios that cover the neuroscience wards.

We celebrated with afternoon tea including a cake made especially for the occasion by Alicia Agius, NUM of the Neurosurgical ward. We also played "party games" like Pin the Tail on the Brainstem, Neuro Charades, Team Neuro Word Search and Neuro Hieroglyphics.

We even had party bags filled with pens, lanyards and mints. A few laughs were had by all (particularly during Pin the Tail on the Brainstem!) and definitely some competitive behaviour surfaced during the afternoon.



Shae Miller & Nicki Periera
CNE Neurology & Neurosurgery



At St George Hospital & Wollongong Hospital

Australasian Neuroscience Nurses Day (4th May) was celebrated on the neuroscience wards at both St. George and Wollongong Hospitals.

St George

The neuroscience staff at St. George Hospital participated in some 'brain' games such as unscrambling words, naming lists of cranial nerves, brain structures, neurosurgical operations, types of brain tumours and hangman. We were also treated to some afternoon tea.



Cheers from Melissa Tinsley, Stroke CNC and Jo McLoughlin, Neurosurgery CNC

Wollongong

The neuroscience staff at Wollongong Hospital had a more hands on experience by building brains and spinal structures out of coloured playdough. After some fun and laughs we enjoyed some afternoon tea.



Cheers from Jo McLoughlin, Neurosurgery CNC



At St Vincent's Private Hospital

Last week St Vincent's Private Hospital celebrated National Neuroscience Nurses day with a bang! We felt we should share our wonderful day with the members of ANNA. We decorated the ward with balloons, brain signs and showered the staff with gifts. We waited for 2pm settled our patients and snuck into the education room to party. All the staff completed a neuro quiz to receive their very own brain name badge. Scattered around the ward were brain signs with a question on the back, the first 10 signs to be collected by staff members and answered correctly were given a prize. If the staff didn't get the opportunity to participate in the quiz treasure hunt then perhaps the head bandage competition was

more their style. We even made brain cupcakes and ate lots of party pies and sausage rolls. Overall we wanted to celebrate the hard work that all our staff achieve as neuroscience nurses over the last year.

Barbara Lisa Marino CNE Level 10 SVPH



"Brain Food"

Want to learn something new?

Want to let the world know about something fantastic you or your unit have been doing?

Want to be part of what ANNA is all about?

Want to meet nurses who love Neuro just as much as you.? Want a chance to travel ? Want to have fun?



**COME TO THE
ANNA CONFERENCE
IN CHRISTCHURCH NZ
THIS YEAR AND
GET ALL OF THE ABOVE!**



“Connecting with Neuroscience”

SESIAHS ‘Connecting with Neuroscience’ Conference was held on the 7th May at St. George Hospital Education and Research Centre. There were approximately 75 delegates from the Sydney Metropolitan, city and rural areas of NSW and ACT.



The conference was generously supported by a number of companies (Australian Orthotic Technologies, Boehringer Ingelheim, Codman J&J, Lifehealthcare, Medtronic, Schering-Plough, Smith & Nephew, Stryker & Synthes).

After a quick inspiring welcome address by Sheila McCulloch we commenced with an interesting presentation on Unstable Spinal Fractures and Orthotics by Dr Ali Ghahreman. Dr Johnny Wong then discussed Chiari Malformations and their link with King Charles Chevaliers. Dr Mark Davies elucidated his opinions on Spinal Fusion and the use of bone products. After morning tea we were ready for the fascinating presentation by Dr Emma Power & Alison Anderson on Speech Therapy and Huntington Disease (I am sure there were a few tears in the audience). Dr Tim Steel then enlightened us on Minimally Invasive Spinal Surgery while Dr



Saeed Kohan explained Gliomas and included some interesting case studies.



After lunch Dr Helen Wheeler explained the use of Chemotherapy and Gliomas. Dr Kerrie McDonald then discussed the latest research in brain tumours and where we are. We ended the day with an informative presentation by Dr Louise Allport on Stroke and rTPA.

A very informative enjoyable day had by all.

The key organising committee members were Jo McLoughlin, Area CNC Neurosurgery, Melissa Tinsley, Stroke CNC and Wendy Relf, Senior Speech Pathologist, St. George Hospital.



Louise Allport - Director of the Stroke unit