



Hemisphere News

Volume 19

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President's report

ANNA NSW President's Report
February 2009

Hello and welcome everyone to the first edition of Hemisphere News for 2009.

The beginning of the year always starts off slowly as everyone is still infused with festive cheer but here we are already towards the end of February. ANNA NSW this year is scheduling regular executive meetings approximately every 4-6 weeks. If there are any issues you as members would like to bring up or suggestions you would like to make please let us know.

Some of the upcoming events for 2009 will be the Annual General Meeting probably in August; we will let you know more details in the future. If anyone has a suggestion for a guest speaker or venue for our AGM let me know so that we can begin preparations. The ANNA conference this year will be in South Australia. We are awaiting more information from the Federal executive as to where this will be and confirmation of dates. Don't forget National Neuroscience Nurses Day (NND), Monday May 4th lets celebrate Neuroscience Nursing.

As usual we have the John Sheard Travel Award; applications will be considered for travel, registration and/or accommodation expenses associated with attending a professional development activity such as an educational/professional conference, forum, workshop, meeting or short course (excluding formal/higher education course fees); where the content is relevant to neuroscience nursing. The closing date is the 31st August. The guideline and application form is included in this edition of Hemisphere News. Please

Contact Us

If you have unanswered questions
- please email me :

[eobrien@
nsccha.health.nsw.gov.au](mailto:eobrien@nsccha.health.nsw.gov.au)

or phone and leave a message on:
(02) 9926 8735.

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Shae Miller

[SHMiller@](mailto:SHMiller@nsccha.health.nsw.gov.au)

nsccha.health.nsw.gov.au



encourage yourselves or your peers to apply. There are two \$500 awards or 1x \$1000 award available.

ANNA NSW remains committed to encouraging Neuroscience educational events. If you want to hold an education evening or day seminar contact us to discuss the level of support ANNA NSW can assist with.

We look forward to an exciting year of neurosciences, ANNA is your professional association, and we are here for you.

Liz O'Brien, ANNA NSW President

Units in Profile

Metropolitan NSW

Unit Profile for Parkes 8 , Neurological Sciences. Prince Of Wales Hospital

The Neurological Sciences Unit provides a high standard of specialist care to patients from SESIAHS and residents of NSW, presenting with Neurological and Neurosurgical conditions. Nursing staff work in a supportive environment of team nursing as part of a multidisciplinary team framework to facilitate optimum patient recovery and rehabilitation. Nursing staff are able to develop nursing expertise in caring for a wide range of Neurological conditions, along with the pre and post operative management of subspecialty areas such as neurovascular ,neuro-endoscopic, degenerative spine and epilepsy surgery. The Neurosciences ward is located on Parkes 8 and consists of a four bed high acuity unit and twenty four ward beds, of which two are dedicated to video telemetry monitoring, as part of the established Epilepsy Service.

Rural & Regional NSW

The Hastings Macleay Stroke Service

The Hastings Macleay Stroke Service has been operating for a year now following its opening in January 2008. A review of outcomes has demonstrated significant improvements in outcomes for Stroke Patients at PMBH through increased access to an acute stroke unit, and, stroke specific nursing and allied health team interventions.

The Hastings Macleay Stroke Service is comprised of a four bed Acute Unit at Port Macquarie Base Hospital and Rehabilitation Units at Wauchope District Hospital, Kempsey District Hospital and Port Macquarie Private Hospital. The Stroke Team includes a Stroke Care Coordinator, 2 Physicians, Speech Pathologist, Dietitian, Occupational Therapist, Social Worker and a Physiotherapist.

The introduction of a dedicated multidisciplinary team for stroke care in the Hastings Macleay has resulted in reduced waiting times for initial assessments, improved acute management, and secondary prevention. An example of one significant improvement has been demonstrated in the Speech Pathology service where prior to the addition of a full time Speech Pathologist, 7% of stroke patients had an initial Speech Pathology assessment within 24 hours. Following the introduction of the Stroke Team this figure has now increased to 91%.

The Stroke Team have also facilitated early rehabilitation occurring from day one of a patient's admission and focusing on mobility, self care, swallowing and communication. These efforts have resulted in a significant increase in patients being discharged directly home from the Acute Stroke Unit, an increase in referrals for rehabilitation and a significant decline in the number of patients with a burden of care necessitating discharged to a nursing home. In 2007 approximately 20% of stroke patients were discharged to a nursing home following their stay in hospital. Since the opening of the Stroke Unit this figure has dropped to only 2%.

The Stroke Team is proud of all the achievements in 2008 and looks forward to an exciting upcoming year.



The Stroke Team at CIAP training: From left: Michelle Coad, Dietitian; Suzanna Marley, Occupational Therapist; Kirsten Busby, Social Worker - CIAP Trainer; Kim Parrey, Stroke Care Coordinator and Carla Brogden, Speech Pathologist.

Unit in Profile

If you would like to showcase your Unit and let NSW members know about the wonderful work you do - please send your outline to: Shae Miller SHMiller@nsccha.health.nsw.gov.au

A Neuroscience Christmas Carol

The Neurosurgical Ward at Liverpool Hospital CB 4 West recently won 2nd Prize and \$2000 in the Hospital Christmas Decoration competition, December 2008. The ward looked fantastic and was decorated not only with the traditional Christmas trees, tinsel, and pretty shiny things everywhere, but also with trachy tubes, hard collars, EVD set ups, and red and green coloured IV fluid bags.

When the judges came around to all the departments the nurses on 4 West gathered together and sang them 2 Christmas carols very cleverly written by the Acting CNE Jessica Prexl. I thought these should be shared with fellow neuro nurses as they are very entertaining.

To be sang to the tune of "The 12 Days of Christmas"

On the twelfth day of my shift
The in-charge gave to me
Twelve buzzers buzzing
Eleven pumps a priming
Ten TED stocking
Nine aspen collars
Eight subarachnoids
Seven nursing students
Six crazy patients
Five EVDs
Four new interns
Three PICC lines
Two broken legs
And a patient with an NG...



To be sang to the tune of "Rudolf the Red Nosed Reindeer"

A patient with hydrocephalus
Has a very swollen head
And if you even saw it,
You'd know why he stays in bed

All of the other doctors
Couldn't figure out what's wrong
They sent him down to CT
Doing testing all day long

Then one foggy Christmas Eve
I heard a surgeon say
The swelling in his brain's too tight
I think he'll need a shunt tonight

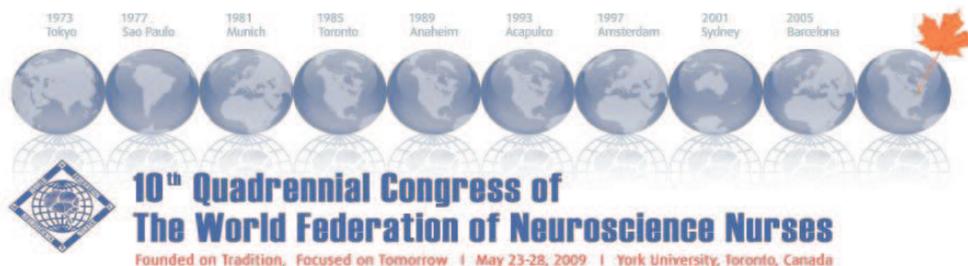
That sent the nurses running

As they prepped him for OT
Let's hope he doesn't come back
With a bloody EVD



Congratulations to the neurosurgical Nurses on CB 4 West, Liverpool Hospital

Kylie Wright CNC Neurosurgery



The World Federation of Neuroscience Nurses (WFNN), in collaboration with the Neuroscience Nurses Foundation (NNF), the Canadian Association of Neuroscience Nurses (CANN) and York University invite you to join your friends and colleagues at the 10th Quadrennial Congress and International Career Fair, Toronto May 23-27, 2009.

"Founded on Tradition – Focused on Tomorrow"

The Congress is the ideal setting for clinicians, managers and educators with an interest and passion for Neuroscience Nursing to come together and exchange ideas, discuss innovations, successes and challenges from their own experiences in an effort to inspire and provide insight to those attending.

Look out Toronto – the World is coming!

Click here to
REGISTER NOW

Feature Keynote presentation by:
DR. ROBERTA BONDAR
 Neuroscientist, Physician, Astronaut, Pioneer



**Dr Roberta Bondar
 Neuro & Space**

Dr. Roberta Bondar launched from Earth in January 1992 aboard NASA's space shuttle Discovery as the first neurologist in space and Canada's first woman astronaut. As a payload specialist she conducted advanced scientific experiments for fourteen nations. Back on Earth, Dr. Bondar is globally recognized for her contributions to space medicine. She continued her discoveries for more than a decade, finding connections between recovering from new environments and neurological illnesses such as stroke and Parkinson's disease. She has lead a team of researchers to better understand the mechanisms underlying the body's ability to recover from exposure to space. Dr. Bondar is moving beyond the laboratory to share what she has discovered about the brain and how we can adapt to unfamiliar environments.

NSW ANNA MEMBERS

THANKS FOR JOINING US AND WELCOME!

ANNA Membership Benefits

- AJON - a years subscription to ANNA's journal published twice per year
- Brainstem - a years subscription to ANNA's newsletter
- Educational opportunities with ANNA support
- Automatic membership of the World Federation of Neuroscience Nurses (WFNN)
- NSW Newsletter – 'Hemisphere News'!
- Being part of THE Neuroscience professional organisation



ANNA - NSW APPLICATION FORM

JOHN SHEARD TRAVEL AWARD, PAGE 1 OF 3

Please read the Guidelines prior to completing the required details of the application form - only fully completed forms will be considered.

Checklist

- This application form is completed in full
- Involvement in ANNA - details provided
- Registration brochure, 'Call for Abstracts' brochure are attached, scanned or linked
- If presenting at the professional development activity, provide a copy of your abstract
- If presenting at the professional development activity, provide confirmation of abstract acceptance (when available)
- Provide a statement describing:
 - Your reasons for wishing to attend the professional development activity.
 - The relevance that attendance has to neuroscience nursing.
 - The methods you will use to disseminate the knowledge you gain from your attendance to other neuroscience nurses

Send your submissions to ANNA - NSW via one of these methods:

- **Electronically** - this is the preferred manner.
 - E-mail to: eobrien@nscchhs.health.nsw.gov.au with the subject heading of: Attention ANNA - NSW (John Sheard Travel Award).
 - When Professional Development activities require evidence of travel costs, registration brochure or a 'Call for abstracts', these may be electronically submitted as a:
 - Link within the electronic submission.
 - Scanned document.
- **Mail**
 - ANNA - NSW, [(John Sheard Travel Award),
 - c/- Liz O'Brien Ward 7C Royal North Shore Hospital St Leonards 2065 .



AUSTRALASIAN NEUROSCIENCE NURSES' ASSOCIATION

NSW Branch - John Sheard Travel Award
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Applicant Details

Name: _____
Address: _____
Home Phone: () _____
Work Phone: () _____
Fax: () _____
E-mail: _____
Years as a member of ANNA - NSW: _____ to _____
Years as a member of ANNA: _____ to _____

Professional Development Activity Details

Title of Professional Development Activity: _____
Place and Date(s): _____
I am an: Attendee Invited speaker Have an abstract submitted
Have an abstract accepted (provide evidence) Other (specify) _____

DETAILS OF COSTS	COSTS
Registration or enrolment fee	\$
Travel expenses (airfare, train travel, bus fare)	\$
Accommodation	\$
Other	\$
Total costs	\$
Financial assistance required is:	\$

Please note that ANNA - NSW is unable to fully fund conference attendance. We aim to provide 2 x travel awards per year at a value of \$500 each or \$1,000 where only one application is received or successful.

Please ensure that all appropriate documentation, as per the guidelines/checklist; including receipts/brochures, are attached, or when electronically submitted: are scanned/links provided.

Funding Questions

Are you seeking funding from another source? Yes No
Would you be able to attend the event with only partial funding? Yes No
Have you received prior funding from the ANNA - NSW Scholarship Fund? Yes No
If yes: in which year _____, and which month _____ Amount \$ _____
Funding was obtained for: _____



AUSTRALASIAN NEUROSCIENCE NURSES' ASSOCIATION

NSW Branch - John Sheard Travel Award
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ANNA Involvement

Please describe activities you have been or are currently involved in at a state or national level for ANNA:

Overall, rate your current level of activity: High Medium Low

Statement describing

- (a) Your reasons for wishing to attend the professional development opportunity.
- (b) The relevance to neuroscience nursing, and
- (c) The methods you will use to disseminate the knowledge you gain to other neuroscience nurses.

Please Note: Successful applicants agree to write a praecis of the conference attended and submit this for the next publication of the NSW Newsletter "Hemisphere News".

Program

0730 - 0820 Registration

0820 – 0830 **Welcome/Opening** Director of

Nursing & Midwifery Services, Westmead Hospital

0830 – 0915 **Parkinson's disease update –**

Continuous Stimulation – Apomorphine & Duodopa, Jane Griffith, CNS

Neurology & Laraine McAnally CNC

Parkinson's Disease, Westmead Hospital

0915 1000

Deep Brain Stimulation – Perspectives from the Neurologist (Dr

Neil Mahant), Neurosurgeon (Dr Brian Owlser) and Neuroscience Nurse

(Neuroscience Unit), Westmead Hospital.

1000–1030 Morning Tea

1030 – 1115

Factor VIIa – An overview Traci Jo Barrett, Product Specialist, nova nordisk

1115 – 1200 **Cognitive & Emotional consequences**

of trauma – PTA & PTSD. Amanda Olley, Clinical Neuropsychologist & Supervisor, Mild Traumatic Brain Injury Clinic, Westmead Hospital & Catherine Cahill

Clinical Psychologist, PTSD Clinic, Westmead Hospital.

1200 – 1245

Paediatric Trauma Brain Injury – A

Case Review and prevention of Traumatic Brain Injury. Dr Tom Pitham,

Neurosurgical Registrar, The Children's Hospital, Westmead and Fiona Wilson,

GMCT Head Injury Prevention Consumer Representative.

1245–1345

Lunch

1345 – 1415

Arteriovenous malformations, A

Case Review., Katrina Mastello, Neurosurgical Case Manager, Westmead Hospital.

1415 – 1445

Grid electrodes for pre Surgical Assessment of Epilepsy. Senior Neuroscience Nurses, Westmead Hospital.

1445 – 1515

Hemispherectomy for the management of Epilepsy, Diane Lear, CNC Neuroscience, Westmead Hospital (and the patient).

1515-1600

InterHospital Quiz, Chaired by Carolyn Sommer, Clinical Nurse Educator, Neuroscience/Trauma, Westmead Hospital

1600

Close, prizes and evaluation

* Program subject to change



SYDNEY WEST
Area Health Service

